

Mon Petit Throbb

SERVED DAILY TILL 12H00

MORNING PICK ME UP

BLOODY MARY

Double Vodka shaken with tomato cocktail and spiced with cracked black pepper, celery salt, tabasco and Worstershire sauce **79**

MIMOSA

Fresh combination of bubbles and orange juice **79**

PATISSERIE

CROISSANT

Plain **20** | Chocolate **28** | Almond **26**

PANCAKES

3 Warm pancakes served with cinnamon sugar and lemon **39**

HEALTH

BANANARAMA

Banana halved (fried | fresh), yoghurt, topped with seasonal fruit and sprinkled with granola **41**

STEEL OATS

Bowl of oats with banana, strawberry, mint and cinnamon dust **41**

APPLERINI

Natural yoghurt with our homemade crunchy granola topped with grated apple **44**

MUESLI

Trio of toasted muesli, yoghurt and seasonal fruits **50**

HOT PRESSED

SERVED WITH HOMEMADE CHIPS OR SIDE SALAD.
YOUR CHOICE OF: CIABATTA | RYE | SOUR DOUGH

HAM, CHEESE & TOMATO

Hickory ham, mature cheddar and tomato **63**

BACON, EGG & CHEESE

Crispy bacon and fried egg **65**

CHICKEN MAYO

A good old classic! **65**

CROQUE MONSIEUR

Grilled ham sandwich with dijon mustard, smothered with bechamel and topped with parmesan and mozzarella **69**

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BREAKFAST

CAFÉ BREAKFAST

2 Poached eggs served on homemade crispy ciabatta with farm bacon, cherry tomatoes and forest mushrooms, topped with wild rocket **51**

WILLIAM'S BEANS

Good old fashioned baked beans and scrambled eggs served on your choice of our freshly baked artisanal bread **53**

COUNTRY

Health bread topped with hummus, poached eggs, bacon and avocado **62**

BUNNY CHOW

Curried chicken livers pan-fried with garlic, chilli, onion and tomato, served with scrambled egg, buttery brioche bun and mango atchar **68**

CONNOR'S CRUMPETS

Freshly baked crumpets topped with crispy bacon, sweet strawberries on creamy mascarpone drizzled in maple **71**

THE FULL MONTY

Two free range eggs, country pork bangers, baked beans, fried tomato, black mushrooms oven roasted with crispy bacon and your choice of our freshly baked artisanal bread **83**

SMOKED SALMON

Norwegian Salmon and fluffy scrambled eggs with chopped tomato, spring onion and capers **85**

WITH YOUR CHOICE OF:

CIABATTA | RYE | HEALTH | BRIOCHE | SOUR DOUGH

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OMELETTE

A CLASSIC STYLED OMELETTE WITH YOUR CHOICE OF:
CIABATTA | RYE | HEALTH LOAF | BRIOCHE | SOUR DOUGH

CLASSIC

Ham, cheese and tomato **69**

CAMPAGNOLA

Bacon, feta and mushroom **75**

SICILIANA

Spinach, olives, red onion, feta and tomato **82**

COLLINA

Bacon, gorgonzola, avocado lifted with chilli and garlic **85**

SALMONE

Smoked salmon, fresh asparagus, spring onions and crème fraîche **98**

FRENCH TOAST

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Homemade brioche slices topped with your choice of:

- Plain **47**
- Oven roasted cherry tomatoes, camembert, bacon and drizzled with balsamic and honey **78**
- Nutella, caramelized bananas and drizzled with golden syrup **73**
- Fraises Et Crème (Strawberries and cream and drizzled with syrup) **76**

BENEDICTS

BENEDICTS SERVED WITH YOUR CHOICE OF:
CIABATTA | RYE | HEALTH | BRIOCHE | SOUR DOUGH

BENEDICT

English muffins topped with parma ham, poached eggs smothered in hollandaise **90**

FLORENTINE

English muffins topped with creamed parmesan spinach, smoked Norwegian salmon and poached eggs with classic hollandaise **98**

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COFFEE

FLAT WHITE / CAPPUCCINO Regular | Decaf

ESPRESSO Single | Double

AMERICANO Regular | Decaf

CAFÉ LATTE Regular | Decaf

MOCHACCINO

DIRTY CHAI

HOT DRINKS

MILO | NUTELLA HOT CHOCOLATE | SPICED CHAI

TEA

BLACK TEA Earl Grey | English Breakfast

Rooibos | Chamomile | Five Roses | Rooibos | Rooibos
Cappuccino

FINE SELECTION OF LOCAL AND IMPORTED HERBAL TEAS

Ask Waitron About Our Selection

COLD DRINKS

SODAS 330 ML Coke | Coke Zero | Cream Soda
Fanta Orange | Sprite

TIZERS 275 ML Apple | Red | White

MIXERS 200 ML Dry Lemon | Gingerale | Lemonade
Soda Water | Tomato Cocktail | Tonic Water

CORDIALS ROSES Kola Tonic | Lime | Passion Fruit

ROCK SHANDY

MINERAL WATER (STILL | SPARKLING) Small | Large

JUICE OF THE DAY Ask Waitron About Our Selection

FRESHLY SQUEEZED JUICES A Selection Of Fresh
Seasonal Fruit (ask Waitron About Our Selection)

HOME-MADE ICED TEA (Glass | Jug)

BOS ICED TEA Apple | Berry | Lemon | Lime & Ginger | Peach

SHAKE OF THE DAY Ask Waitron About Our Selection

MILKSHAKES Banana | Chocolate | Lime | Strawberry

SMOOTHIES Made With Natural Yoghurt

FRULLATO Ice Cream Shake With Pieces Of Fresh Fruit

ICED COFFEE / COFFEE SHAKE